



**REDEEMER**  
ANGLICAN CHURCH

## **FELLOWSHIP GROUP DISCUSSION QUESTIONS**

**SEASON:** Eastertide

**SERIES:** Rest for the Weary

**TEXT:** [Deuteronomy 5:12-14](#)

**SERMON:** The Justice of Rest

1. “Prosperity breeds amnesia:” Can you think of a time that prosperity (prosperity of health, of leisure, of resources, etc.) caused you to forget God and your neighbor?
2. If we are experiencing prosperity, what are ways that we can combat “amnesia?”
3. Do you tend to be an “extreme contemplative” (viewing sabbath as a private matter while ignoring your neighbor) or an “extreme activist” (serving your neighbor but forgetting your own needs for Sabbath rest)? How can Jesus’ perfect embodiment of the Sabbath challenge your tendencies?
4. What are practical ways your Sabbath rest can point you towards those who do not have rest?
5. What are practical ways that serving others can point you toward Sabbath rest?